

Ευθύμιος Ι.Κουλούλας, MD, PhD
Φυσιάτρος, SFEBPRM, ISMST Certified
Στρατιωτικός Ιατρός ε.α.
Διδάκτωρ Ιατρικής Σχολής ΕΚΠΑ
Εξειδικευθείς στην Διαχείριση Πόνου
Επιστημονικός Διευθυντής, Μονάδα Αποκατάστασης "**Physiatriki**"
Επιστημονικός Συνεργάτης Β΄ Νευροχειρουργικής Κλινικής,
Πανεπιστημιακό Νοσοκομείο "Αττικών", Αθήνα
Senior Fellow of European Board of Physical Medicine and Rehabilitation
(SFEBPRM)
Certified by International Society of Medical Shockwave Therapy (ISMST) and
Association of Radial Therapy (ATRAD)

Τίτλος Ειδικότητας

Φυσική Ιατρική & Αποκατάσταση (ΚΕΣΥ αριθμ 2248,14/11/2016)

Πιστοποιήσεις

Πιστοποίηση από European Board of PRM (SFEBPRM)

Πιστοποίηση από International Society of Medical Shockwave Therapy (ISMST)
από το 2014 (www.ismst.org)

Πιστοποίηση από Association for Radial Pain Therapy (ATRAD) από το 2010
(http://www.atrad.ch/images/stories/pdf/drs_europctries_110415.pdf)

Παρούσα θέση

Επιστημονικός Διευθυντής, Μονάδα Αποκατάστασης "Physiatriki"
Ελεύθερος επαγγελματίας
Επιστημονικός Συνεργάτης Β΄ Νευροχειρουργικής Κλινικής,
Πανεπιστημιακό Νοσοκομείο "Αττικών"

Επαγγελματική Εμπειρία

Ίαν 2015 - παρόν, Επιστημονικός Δντης, Μονάδα Αποκατάστασης
"Physiatriki"

Ιουν 2013 - παρόν, Επιστημονικός Συνεργάτης Β΄ Νευροχειρουργικής
Κλινικής, Πανεπιστημιακό Νοσοκομείο "Αττικών"

Οκτ 2007 - παρόν, Ελεύθερος επαγγελματίας

Μαρ 2013 - Νοε 2007, Επιστημονικός Διευθυντής ΚΑΑ ΑΠΟΛΛΩΝΕΙΟ

Αυγ 2007 - Σεπ 1991, Στρατιωτικός Ιατρός Ε.Δ.

Κλινική Εμπειρία

Διαχείριση χρόνιου πόνου

Διαχείριση σπαστικότητας,

Ασθενείς με ΑΕΕ., ΚΕΚ, ΚΝΜ, ΣΚΠ, Πάρκινσον

Ασθενείς με ακρωτηριασμό, προσθετικά μέλη

Ασθενείς με αρθροπλαστική γόνατος-ισχίου, με αθλητικές κακώσεις

Εκπαίδευση – Ειδίκευση

Τμήμα Επιστημών Υγείας – Ιατρική Σχολή ΑΠΘ 1991-1997

Στρατιωτική Σχολή Αξιωματικών Σωμάτων (Σ.Σ.Α.Σ) 1991-1997

Ειδίκευση

Σεπτ 2006-Σεπτ 2002, Νοσοκομείο ΚΑΤ Αθηνών ειδικευόμενος Φυσικής Ιατρικής & Αποκατάστασης

Ιουν 2005-Αυγ 2005, Rehabilitation Institute of Chicago, ειδικευόμενος Φυσικής Ιατρικής & Αποκατάστασης

Σεπτ 2002- Μαρ 2001, 401 Γενικό Στρατιωτικό Νοσοκομείο Αθηνών ειδικευόμενος Παθολογίας, Νευρολογίας, Ορθοπαιδικής

Εξειδίκευση

Ιουλ 2013-Αυγ 2013, Center of Pain Management, 2 μήνες preceptorship για Διαχείριση Πόνου, Rehabilitation Institute of Chicago, USA,

Νοε 2012 - Σεπτ 2013 - Ετήσιος κύκλος Σεμιναρίων Συνεχιζόμενης Εκπαίδευσης Ελληνικής Εταιρίας Αλγολογίας

Οκτ 2013 - 5th Montescano European Federation of IASP Chapters(EFIC) Pain School, "Neurological diagnoses in Chronic Pain",Italy

Ερευνητικό ενδιαφέρον

Διδακτορική διατριβή στην Πρόγνωση των Κρανιοεγκεφαλικών Κακώσεων

Διαχείριση Χρόνιου Πόνου

Διαχείριση Σπαστικότητας

Εξωσωματική θεραπεία με ωστικά κύματα (ESWT)

Αναγεννητική ιατρική στην αποκατάσταση

Εκπαιδευτικά Σεμινάρια

April 2016 - Workshop in Extracorporeal Shock Wave Therapy in PRM, trainer, 20th European Congress of ESPRM, Esthoral, Portugal

February 2016 - Workshop in Regenerative Rehabilitation medicine, "PRP injections in PRM field", lecturer-trainer, 14th National Congress of Hellenic PRM Society, Athens, Greece

December 2015 - Workshop in Extracorporeal Shock Wave Therapy in musculoskeletal injuries, Targeted radiofrequency Therapy, trainer, 9th National Congress of the Hellenic Scientific Society of Physical Therapy, Athens, Greece

April 2015 - Workshop in Extracorporeal Shock Wave Therapy in musculoskeletal injuries, trainer, 3rd International Congress of Physical Therapy, Thessaloniki, Greece

January 2015 - Workshop in Extracorporeal Shock Wave Therapy in musculoskeletal injuries, ulcer healing, bone fractures nonunion, trainer, BTL Company, Thessaloniki, Greece

December 2014 - K -Laser, class 4, Advanced training, Franklin, TN, USA

May 2014 - Workshop in Extracorporeal Shock Wave Therapy in musculoskeletal injuries, ulcer healing, bone fractures nonunion, trainer, 19th European Congress of PRM, Marseille, France

July 2013 - Explain Pain course, NOI, Rehabilitation Institute of Chicago

May 2012- Workshop in Extracorporeal Shock Wave Therapy in musculoskeletal injuries, ulcer healing, bone fractures nonunion, trainer, 18th European Congress of PRM, Thessaloniki, Greece

May 2012- Workshop in Introduction in Spinal Procedures, 18th European Congress of PRM, Thessaloniki, Greece

May 2012- Workoshop in Platelet Rich Plasma injections and Prolotherapy, 18th European Congress of PRM, Thessaloniki, Greece

May 2012- Workoshop in Ultrasound guided injections in shoulder, 18th European Congress of PRM, Thessaloniki, Greece

Sept 2011 - Gait analysis and spasticity management, Villa Beretta Rehabilitation Center, Costa Magna, Italy

Apr 2011- Lower amputees rehabilitation Seminar, Rehabilitation Institute of Chicago, USA

Apr 2011- Stroke interdisciplinary rehabilitation Seminar, Rehabilitation Institute of Chicago, USA

Jan 2011- Bone metabolic disease seminar, Hellenic Institute of Osteoporosis

Jan 2010 - Diagnostic ultrasound usage in musculoskeletal system, 11th National Congress of the Hellenic PRM Society, Athens

Oct 2009 - Spasticity management with intrathecal continuous mode baclofen pump Seminar, Thessaloniki

May 2006 - Future experts spasticity management with BNTA Seminar, Madrid, Spain

Jul 2006 - Gait and Movement Analysis Seminar, Marseille, France

Mar 2006- Experts meeting in Spasticity management with BNTA, Prague, Czech

Feb 2005 - Advanced seminar in spasticity management with BNTA, Stanfordshire, Stoke on Trend, Un. Kingdom

Jan 2003 - Bone metabolic disease seminar, Hellenic Institute of Osteoporosis

Nov 2001- Experts training in Emergency and Disaster Medicine, General Staff Medical Services– Mudon, Switcherland

Εισηγήσεις σε Συνέδρια

April 2016 - Regenerative medicine and functional rehabilitation in sports injuries, 20th European Congress of ESPRM, Esthóril, Portugal

February 2016 - Rehabilitation in shoulder injuries - 14th National Congress of Hellenic PRM Society, Athens, Greece

June 2015 - Rehabilitation of the diabetic foot, Vascular Department of the University Hospital of Larissa, General Hospital of Volos, Volos, Greece

February 2015 - Functional Rehabilitation in pain management, Annual Seminar of the Hellenic Society of Algology, Greek chapter of IASP

October 2014 - Pain management in spinal cord injured patient, 8th National Congress of Hellenic Spine Society, Larissa, Greece

September 2014 - Explain Pain, Member of the Organising Committee, Lecturer, "Interdisciplinary Scientific meeting in pain management:News and Views",with International participation, Dr Stanos Steven, Athens, Greece

May 2014 - Functional rehabilitation, a biopsychosocial approach. Managing neuropathic pain, from cognitive behavioral interventions, to mirror therapy: a central nervous system approach, "desensitizing" the nervous system, 19th European Congress of PRM, Marseille, France

May 2014 - Explain pain, 10th National Congress of the Hellenic Society of Algology, Greek chapter of IASP

February 2014 - Functional Rehabilitation in pain management, Annual Seminar of the Hellenic Society of Algology, Greek chapter of IASP

December 2013- Explain Pain, 9th National Congress of Hellenic PRM Society, Athens, Greece

October 2013 - What rehabilitation can do for low back pain, 9th EFIC Congress, Florence, Italy

September 2013 - Rehabilitation in the diabetic foot, 13th National Congress of the Hellenic Surgical Infections Society, Larissa, Greece,

May 2013 - Sports Injuries and ESWT, Educational courses, Orthopaedics Dpt, University hospital of Patra

Apr 2013- Rehabilitation structures and legal frame of function, Scientific coordinator - lecturer, Scientific meeting of Hellenic PRM Society, "Rehabilitation structures in the private field", Athens, Greece

Mar 2013 - Rehabilitation in the acute phase in Stroke, Round table, 5th National Congress of Stroke diseases, Thessaloniki, Greece

Feb 2013 - Biopsychosocial model of chronic pain, Round table, scientific meeting of Hellenic PRM Society, "Algology:Interdisciplinary the speech for pain", Athens, Greece

May 2012- Pain and Movement, Member of the Organising Congress Committee, lecturer, Round table, 18th European Congress of PRM, Thessaloniki, Greece

May 2012- Patient evaluation and refilling procedure in spasticity management using intrathecal baclofen pump, Member of the Organising Congress Committee, lecturer, Round table, 18th European Congress of PRM, Thessaloniki, Greece

Oct 2011- Pain after Spinal Cord Injury, 12th National Congress of Hellenic PRM Society, Patra, Greece

May 2011, Chronic Musculoskeletal Pain, Interdisciplinary Round table, 38th National Medical Congress, Athens
Sept 2010 - Pathophysiology of chronic pain patient, 8th Mediterranean PRM Congress, Limassol, Cyprus (www.medcongress.prm10.org)
May 2010 – Spasticity management in Stroke patient, 17th European Congress of PRM, Venice, Italy
Jan 2010 – Functional rehabilitation in amputees, Member of the Organising Committee, Lecturer, Scientific meeting with International participation, Prof Kuiken Todd, "Updated approach in amputees rehabilitation", Larissa, Greece
Jan 2010 – Chronic Pain Pathophysiology, Round table, "Rehabilitation of chronic pain patient", 11th National Congress of Hellenic PRM Society, Athens
Oct 2009 – Brachial Plexus injuries, Scientific meeting of Hellenic PRM Society, "Electromyography", Athens
Mar 2009 – Functional rehabilitation in chronic low back pain patient, Scientific meeting of Hellenic PRM Society, "Management of low back pain patient", Athens
Oct 2008 – Spasticity management in Stroke, round table, "Spasticity management in patient with Central Nervous System injury", 10th National Congress of Hellenic PRM Society, Athens
Sep 2006 - Therapeutic exercise-muscle strengthening, round table, "Therapeutic exercise", 9th National Congress of Hellenic PRM Society, Nafplio, Greece

Προφορικές Ανακοινώσεις σε Συνέδρια (Κύριες)

Mar 2010 - Prognostic indicators in patients with severe traumatic brain injury and functional outcome, 8th World Congress of Brain Injury, Washington DC, USA,
Jun 2009 - Prognostic indicators in patients with severe traumatic brain injury and functional outcome, 5th World Congress of International Society of PRM, Istanbul, Turkey,
Jun 2008 – Complications in patients with severe traumatic brain injury and functional outcome, 16th European Congress of PRM, Brugge, Belgium,
May 2006- Laboratory exams in patients with severe traumatic brain injury and functional outcome, 15th European Congress of PRM, Madrid, Spain (**awarded as 3rd best of the congress**)

Δημοσιεύσεις

Prognostic value of time related Glasgow Coma Scale components in severe traumatic brain injury: a prospective evaluation with respect to 1 year survival and functional outcome. Kouloulas E, Papadeas A, Michail X, Sakas D, Boviatsis E. International Journal of Rehabilitation Research 2013, Vol36 (3), pp 260-7
Peripheral application of repetitive pulse magnetic stimulation on joint contracture for mobility restoration: controlled randomized study. E.J.Kouloulas, Int J Physiother. Vol 3 (5), 519-524, Oct 2016
Mirror off the Wall: mirror therapy in the treatment of phantom limbs and phantom limb pain. Casale et al, GIMLE, 2015 accepted, in press

Συγγραφικό Έργο

Orthopaedic Rehabilitation in clinical practice, Brotzman Brent, Wilk Kevin, Greek edition, 1st official translation, 2007, pub Konstantaras

Heterotopic ossification in spinal cord disease or injury, Rehabilitation in Spinal Cord Injured patient, Bakas, 1st ed 2012, pub Konstantaras ISBN: 978-960-6802-36-2

Rehabilitation in patient with Traumatic Brain Injury, Traumatic Brain Injury, Chatzigeorgiou, 1st ed 2015, pub Konstantaras ISBN: 978-960-6802-90-4

Επιστημονικές Εταιρείες

Μέλος της ΕΕΦΙΑπ, Μέλος ειδικής Ομάδας Μελέτης Νοσημάτων Μυοσκελετικού

Μέλος της Ελληνικής Εταιρείας Αλγολογίας

Μέλος της ISPRM, IASP, EFIC

Senior Fellow of European Board of PRM

Μέλος Pain & Disability SIG, ESPRM,

Μέλος της American Pain Society

Επικοινωνία:

00302410617090 (office)

00306977321848 (mobile)

Skype: kouloulas ,

www.physiatriki.gr

email: info@physiatriki.gr, kouloulas@yahoo.com